

Barnes Healing

www.barneshealingchurch.co.uk

WORKSHOPS TO CHANGE YOUR LIFE

WRITE A GREAT BOOK — IMPROVE YOUR
HEALTH AND FEEL YOUNGER—INCREASE
CREATIVITY— HEAL OTHERS
DISCOVER PAST LIVES—UNCOVER
PSYCHIC POWERS... AND MORE



This year, Barnes Healing Church's workshop planning manager - Caroline Mylon - has set in motion an ambitious programme that promises to change lives, bringing inspiration and self-discovery to those of us that enjoy these very special days.

Caroline herself, a talented writer, journalist and film maker, is running a workshop entitled "Write Your First Book—From Inspiration to Conclusion." The six week course starts on January 24th. For more details go to page 2.

Discovering the Secrets of Youth and Health

Just over a month ago a TV programme featured six elderly celebs who took part in an experiment, turning back time 30 years and regaining their youth and energy. The proven techniques of this experiment form part of Rev Anthea Ballam's workshop

entitled "The Power of Guided Meditation and Visualisation." On February 5, this workshop seeks to regain youthful energy, increase creativity, improve ones health and develop potential using visualisation and meditation techniques.

If you have been keeping up with the Church via our newsletters, you will know that we have been asking for healers to come forward. Now we have a very special opportunity for those with an interest in healing, to start training, or simply learn from the best of the best by attending a workshop on February 26th that is called "Introduction to Healing." ○

Church News

Winter 2011 No 6

Your Latest
Workshop Update
And Contacts
See Page 2



Caroline Mylon
talks about the book
that is in us all...



PLEASE ...Get this and
future newsletters
electronically,
Contact us or email:
bhcworkshop@yahoo.co.uk



Barnes Healing Church
is registered to carry out
marriages, ceremonies and
sacred services of many
different kinds

WORKSHOPS

Write Your First Book: From Inspiration to Conclusion

From January 24th: For six weeks. 12.00 till 3.30 £45 per workshop. £40 per workshop in advance

For Further Details:

Email: writersworkbhc@yahoo.co.uk,

Or Call: 07980 905425

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The Power of Guided Meditation and Visualisation For Creativity, Healing and Intention

February 5: Interfaith Minister, Rev Anthea Ballam shows how guided meditation and the recollection of experiences, sounds, and images can help to improve health, make one feel younger, increase creativity and gain a fresh view of the world.

10.30 to 4.30 £30:

Bookings 07581 534027

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Introduction to Healing

February 26: A Unique opportunity for those who want to know about healing, with help from a hand-picked group of top healers. Rev Verity Jones, Naomi Alvarez, David Chambers and other leading lights explain spiritual healing and how to become a healer via the approved organisations. This can also be the first step to become a probationary healer and develop the necessary skills.

10.30 to 4.30 £30:

Bookings 07581 534027

Caroline Mylon talks about 'that book' we all have in us...



**Writing is a healing
process that one can
transmit to others...**

Late last year Caroline finished a book. No sooner had she completed the last sentence, she began to think about the writing workshops she had attended where the *real* issues of the creative process had been bypassed. "They don't tell you the whole story," she said, "they cover only some of the rules but don't give you the whole picture. Above all, they don't explain that you need the same energy and enthusiasm to start the book... *and* finish it."

Caroline added: "I've devised a structure that helps to raise the energy needed to tackle all the components to get the book going, and above all get it finished. It's full of ways and

means designed to de-mystify the process... Writing is a healing and creative process that I am keen to share with others. I don't want people to simply give up and put their prized manuscript away in the back of a drawer."

The response to the workshops has been excellent, but many people don't get an opportunity to attend such a learning opportunity during the day, so Caroline is planning to run these inspired sessions during the evenings and on different days, on demand.

**Call her about "Write Your
First Book... From Inspiration
to Conclusion,"
on 07980 905425**

Reiki in Barnes

February 12 & 13: Torsten Alexander Lange teaches traditional Usui Reiki as a spiritual path. Two days training (£175) includes refreshments, light lunches and a training manual. For more information: <http://www.reiki-in-london.com> **Bookings call Torsten on 077 6969 0101. New! Reiki Share Evenings on the last Friday of each month. Starting at 7.30 pm, with a short talk about aspects of Reiki 1. An opportunity to share your experiences with Reiki. Suggested donation £7. Open to all attuned to Reiki 1, starting from January 28th, 2011.**

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